

The Fifth Sunday after the Epiphany

February 7, 2021
10:00 AM Service
Holy Communion



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Sunday Services at 8 and 10 AM • Wed. Service at 10 AM • Sat. Service at 5 PM

Our Sunday services are livestreamed

WELCOME TO GOOD SHEPHERD

During this time of social distancing: Please sit in one of the spaces in a pew marked with a piece of white masking tape. People in the same household may sit together, but everyone else should sit 6 feet apart.

Restrooms: Handicap-accessible restrooms are located to the right as you go up the ramp through the archway across from the doors of the sanctuary.

Hymnals, Prayer Books and Bibles are in a bookcase in the back of the church. If you would like to use one, please take one and return it in the box after the service.

Humming or simply listening to hymns is appropriate.

We have gluten-free wafers available: Please tell us when you come to the altar rail.

Symbols in the Bulletin: **P** Priest **D** Deacon **L** Leader **C** Congregation **A** Everyone

Standing, sitting, and kneeling: Throughout the bulletin there are invitations to stand, sit or kneel, as you choose. You are free to be seated at any time when that is best for you.

A gentle reminder: please silence your mobile phone before the service.

GATHERING FOR WORSHIP

PRELUDE

Here I Am, Lord

A. B. Sherman
Bells of Hope
Robert Moncrief, organ
Julian Guini, soloist

[During the Prelude, please prepare for worship by observing attentive silence.]

WELCOME AND ANNOUNCEMENTS

[Please be seated.]

MISSION MOMENT

ACCLAMATION

[Please stand.]

- P** Blessed be God: Father, Son, and Holy Spirit.
C And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY

- AI** Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

PROCESSIONAL HYMN

Praise, My Soul, the King of Heaven

H. 410 vs 1,3

*Praise, my soul, the King of heaven; to his feet your tribute bring.
Ransomed, healed, restored, forgiven, evermore his praises sing.
Alleluia, alleluia! Praise the everlasting King!*

*Fatherlike he tends and spares us; well our feeble frame he knows.
In his hand he gently bears us, rescues us from all our foes.
Alleluia, alleluia! Widely yet his mercy flows!*

THE COLLECT OF THE DAY

- P** The Lord be with you.
C And also with you.
- P** Let us pray... .. Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.
- C** Amen.

WORD OF GOD

The Readings: Isaiah 40:21-31, Psalm 147:1-12, 21c, 1 Corinthians 9:16-23, Mark 1:29-39
[Please be seated.]

The First Reading

☞ *The First Reading is taken from Isaiah, chapter 40...*

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

☞ The Word of the Lord

☞ **Thanks be to God.**

The Psalm

[Tune: *Lord, who throughout these forty*]

***Hallelujah! How good it is To praise our God in songs,
A pleasant thing to honor you To whom our praise belongs.***

***You, Lord, rebuild Jerusalem And gather Israel;
You heal the brokenhearted ones And bind their wounds up well.***

***You count the number of the stars, Each one is in your sight;
For you are great and strong in power, Your wisdom infinite.***

***You, Lord, will cast the wicked down And lift the lowly poor;
Let us make music on the harp And praise you evermore.***

The Second Reading

☐ *The Second Reading is taken from 1 Corinthians, chapter 9...*

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

☐ The Word of the Lord.

☑ **Thanks be to God.**

ACCLAMATION

[Please stand.]

Epiphany Alleluia

Sing twice

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

The Gospel

☐ The Holy Gospel of our Lord Jesus Christ according to Mark.

☑ **Glory to you, Lord Christ.**

☐ After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

☐ The Gospel of the Lord.

☑ **Praise to you, Lord Christ.**

Sermon

Michael Durning

[Please be seated.]

NICENE CREED

[Please stand.]

☑ **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

[Please stand, kneel, or sit, as you prefer.]

- Ⓓ As we join the whole creation and celebrate with joy the Word made flesh, let us offer prayers to God who dwells among us, from long ago and until the end of time.
- Ⓕ Wonderful Counselor, we pray for laypeople, bishops, priests and deacons, and all who minister in the name of Christ, that each and every one will hear and heed the guidance of your Holy Spirit.
- Ⓖ **Give us strength of heart, mind, body and soul to join you in preaching good news to the poor, proclaiming release to the prisoners and recovery of sight to the blind, liberating the oppressed, and announcing that the year of your favor has come to all the earth.**
- Ⓕ Mighty God, we pray for your church. Fill us and all those who worship you with truth and compassion. Where we are corrupt, purify us; where we are in error, direct us; where in anything we are amiss, reform us.
- Ⓖ **Where we are in the right, strengthen us; where we are in want, provide for us; where we are divided, reunite us.**
- Ⓕ Everlasting Father, we lift to your heart those who suffer from any grief or trouble, [especially . . . *read names from notebook...*] and those we now name aloud or in our hearts [*leave time...*]. Empower us, in your name, to give them courage and hope in their troubles.
- Ⓖ **Help us to be the answers to their prayers when they cry out to you.**
- Ⓕ Prince of Peace, we joyfully celebrate the wedding of the human and divine natures in Christ Jesus. We give thanks for the flowers given today to the Glory of God, and for the birthdays this week, Charlotte Smedley, Rick Edwards, Dave Dube, Diane Niford, Joseph Musco, and for all the blessings of this life.
- Ⓖ **Give us the grace to see your divine presence so that all of creation may sing new songs of gladness and walk in the way of joy.**
- Ⓕ King of Kings, we pray for those who have died, [especially . . . *add names from notebook...*] and those we now name aloud or in our hearts. [*Leave time....*]
Let light perpetual shine upon them.
- Ⓖ **Grant them continual growth in your love and service; and help us in obedience to your will to follow the good examples of the saints who have gone before us.**

- ℒ Lord of lords, we pray for the leaders of the nations and all in authority.
- ☞ **Give them grace, compassion and will to strive for peace and justice, caring alike for young and old, strong and weak, rich and poor.**

- ℒ Empower, O Lord, our Vestry as we pray....
- ☞ **Almighty God, giver of every good gift: Look graciously on our Church, and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen**

- ℒ Rejoicing in the blessed Virgin Mary and all the saints, let us offer ourselves and one another to the One who will reign forever and ever.
- ☞ **Hallelujah! Lord our God, source of grace and truth, accept the prayers we offer in this joyful season. May we witness to your glory with unending praise and thanksgiving. Amen.**

THE GREETING OF PEACE

[Please stand. During this time of social distancing, a wave or bow, accompanied by a smile and “the Peace of the Lord be with you,” will do nicely.]

- ℙ The peace of the Lord be always with you.
- ☞ **And also with you.**

THE HOLY COMMUNION

OFFERTORY SENTENCE

- ℒ Let us with gladness present the offerings and oblations of our life and labor to the Lord.

OFFERTORY

There is a Balm in Gilead

Spiritual

Please be seated. The offering plates are on stands in the front and the back of the church. If you wish, you may place an offering there.]

PRESENTATION

[Please stand]

- ℒ We gladly present the fruits of our lives to the God who creates us, redeems us and sustains us. May we have the grace to use them to heal God’s world.

***Many the gifts, many the people, many the hearts that yearn to belong.
Let us be servants to one another, signs of your kingdom come.
Christ, be our light! Shine in our hearts. Shine through the darkness.
Christ, be our light! Shine in your church gathered today.***

THE GREAT THANKSGIVING: Eucharistic Prayer A

P The Lord be with you.

C **And also with you.**

P Lift up your hearts.

C **We lift them to the Lord.**

P Let us give thanks to the Lord our God.

C **It is right to give him thanks and praise.**

P It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing. Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

AD ***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest.
Hosanna in the highest.***

[Please stand or kneel, as you choose.]

P Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

P After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

C **Christ has died. Christ is risen. Christ will come again.**

P We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

P Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All

A - me - n, a - me - n, a -
me - n, a - me - n, a - me - n.

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff contains the lyrics 'A - me - n, a - me - n, a -' with notes for 'A' (G4), 'me' (A4), 'n,' (B4), 'a' (G4), 'me' (A4), 'n,' (B4), and 'a' (G4). The second staff contains the lyrics 'me - n, a - me - n, a - me - n.' with notes for 'me' (A4), 'n,' (B4), 'a' (G4), 'me' (A4), 'n,' (B4), 'a' (G4), and 'me' (A4). The music features a simple harmonic accompaniment with chords and moving lines.

THE LORD'S PRAYER

P And now as our Savior Christ has taught us, we are bold to say:

All **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD

P This is the true bread which comes down from heaven and gives life to the world.

C **Whoever eats this bread has Eternal Life.**

P The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

[PLEASE FOLLOW THESE NEW PROCEDURES: **To ensure social distancing, please go forward to receive Holy Communion one at a time**, following the directions of the usher, who will let you know when it's your turn. Two people will stand in front of the altar to distribute the consecrated wafers. **Please keep your mask on**, receive the wafer, and return to your seat by the side aisle. After returning to your seat, you may remove your mask to consume your wafer.]

COMMUNION CHANT

Eat This Bread

[Please repeat this chant until the musician stops playing the tune.]

***Eat this bread, drink this cup. Come to me and never be hungry.
Eat this bread, drink this cup. Trust in me and you will not thirst.***

PRAYER AFTER COMMUNION

[Please stand or kneel, as you choose.]

☐ Let us pray...

☑ **Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed, that we may shine your light by proclaiming your love in deed and in truth. Amen.**

THE BLESSING

[Please stand.]

☐ The Wisdom of God, the Love of God, and the Grace of God strengthen you to have the faith, heart, and hands of Christ in this world, as you go from here blessed in the name of the Holy Trinity, God the Father, God the Son, and God the Holy Spirit.

☑ **Amen.**

SENDING HYMN

O Bless the Lord, My Soul!

H. 411 vs 1,2,4

***O bless the Lord, my soul! His grace to thee proclaim!
And all that is within me join to bless his holy Name!***

***O bless the Lord, my soul! His mercies bear in mind!
Forget not all his benefits! The Lord to thee is kind.***

***He pardons all thy sins, prolongs thy feeble breath;
he healeth thine infirmities and ransoms thee from death.***

THE DISMISSAL

D Let us go forth in the name of Christ.

G **Thanks be to God.**

POSTLUDE

The Heavens Declare the Glory of God

B. Marcello

SERVING US TODAY

Celebrant & Preacher	Michael Durning
Deacon	Cindy Roehl
Organist	Robert Moncrief
Acolyte/Crucifer	Heather Elder
Lectors	Ryan Stollenmaier & Alan Mackay
Prayers of the People	Mary Ratliff
Ushers	Bob Roehl & Alan Mackay
Building & Grounds	Robin Megel